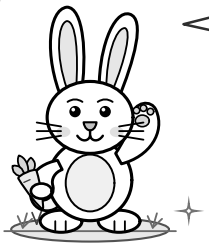
Nome : _____ Data : _____

PAPILUMO | Pré-escolar (4–5 anos)

# Contar nos dedos de 1 a 10

Conta os dedos levantados em cada par de mãos e escreve o total na caixa.



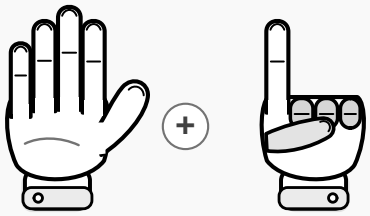
**O coelho Coco levanta as duas patas para contar cenouras até 10. Uma mão inteira vale 5: junta a outra mão!**

**Exemplo: 1 mão inteira (5) + 2 dedos levantados = 7**



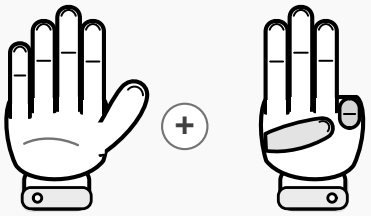

## 1. Conta os dedos levantados e escreve cada número na caixa

**1**



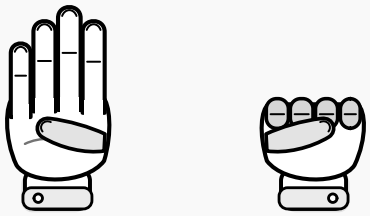
5 + ____ = ____

**2**



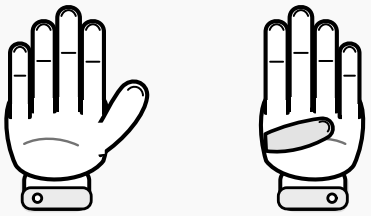
5 + ____ = ____

**3**



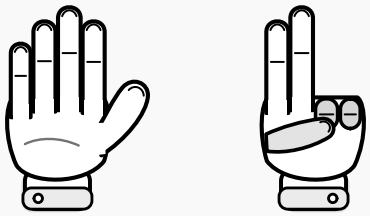
____

**4**



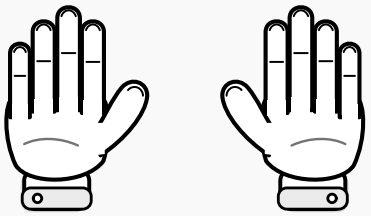
____

**5**



____

**6**



____

Dica: uma mão bem aberta vale sempre 5; parte do 5 e continua a contar 6, 7, 8, 9, 10 na segunda mão.